

**New Hampshire
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

1. Percentage of schools that require health education for students in any of grades 6 through 12.

	N	Percent
High Schools	68	100
Middle Schools	115	83
Junior/Senior High Schools	1	100
All schools	184	89

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2. Percentage of all schools that require students to take the following number of required health education courses.

	N	Percent
a. 0 courses		
High Schools	66	0
Middle Schools	110	18
Junior/Senior High Schools	1	0
All schools	177	11
b. 1 course		
High Schools	66	68
Middle Schools	110	21
Junior/Senior High Schools	1	100
All schools	177	40
c. 2 courses		
High Schools	66	8
Middle Schools	110	15
Junior/Senior High Schools	1	0
All schools	177	12
d. 3 courses		
High Schools	66	19
Middle Schools	110	36
Junior/Senior High Schools	1	0
All schools	177	29
e. 4 or more courses		
High Schools	66	6
Middle Schools	110	10
Junior/Senior High Schools	1	0
All schools	177	8

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2N. Percentage of all schools that require students to take two or more health education courses.*

	N	Percent
High Schools	66	32
Middle Schools	110	61
Junior/Senior High Schools	1	0
All schools	177	49

*Response to question 2 is c, d, or e.
NA=Not available
N=Unweighted number of observations

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3. Percentage of all schools that taught a required health education course in each of the following grades.*

	N	Percent
a. Sixth grade		
High Schools	NA	NA
Middle Schools	88	61
Junior/Senior High Schools	0	0
All schools	88	61
b. Seventh grade		
High Schools	NA	NA
Middle Schools	101	71
Junior/Senior High Schools	0	0
All schools	101	71
c. Eighth grade		
High Schools	NA	NA
Middle Schools	99	70
Junior/Senior High Schools	0	0
All schools	99	70
d. Ninth grade		
High Schools	58	66
Middle Schools	37	35
Junior/Senior High Schools	1	100
All schools	96	55
e. Tenth grade		
High Schools	58	62
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	59	63
f. Eleventh grade		
High Schools	51	20
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	52	22
g. Twelfth grade		
High Schools	51	14
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	52	16

*Among schools with students in that grade.

NA=Not available

N=Unweighted number of observations

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4. Percentage of schools that require students who fail a required health education course to repeat it.*

	N	Percent
High Schools	66	98
Middle Schools	88	19
Junior/Senior High Schools	1	100
All schools	155	55

*Among those schools that require health education for students and students take one or more required health education courses in any of grades 6 through 12.

NA=Not available

N=Unweighted number of observations

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5. Percentage of schools in which those who teach health education are provided with the following materials.

	N	Percent
a. Goals, objectives, and expected outcomes for health education		
High Schools	66	94
Middle Schools	115	78
Junior/Senior High Schools	1	100
All schools	182	84
b. A chart describing the annual scope and sequence of instruction for health education		
High Schools	67	57
Middle Schools	113	57
Junior/Senior High Schools	1	0
All schools	181	56
c. Plans for how to assess student performance in health education		
High Schools	66	76
Middle Schools	115	62
Junior/Senior High Schools	1	0
All schools	182	67
d. A written health education curriculum		
High Schools	66	92
Middle Schools	115	71
Junior/Senior High Schools	1	0
All schools	182	79

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6. Percentage of schools in which the health education curriculum addresses each of the following skills.

	N	Percent
a. Comprehending concepts related to health promotion and disease prevention to enhance health		
High Schools	68	100
Middle Schools	106	97
Junior/Senior High Schools	1	100
All schools	175	98
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors		
High Schools	68	100
Middle Schools	106	97
Junior/Senior High Schools	1	100
All schools	175	98
c. Accessing valid information and products and services to enhance health		
High Schools	67	94
Middle Schools	105	80
Junior/Senior High Schools	1	100
All schools	173	86
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks		
High Schools	68	100
Middle Schools	106	93
Junior/Senior High Schools	1	100
All schools	175	96
e. Using decision-making skills to enhance health		
High Schools	68	100
Middle Schools	106	100
Junior/Senior High Schools	1	100
All schools	175	100

NA=Not available

N=Unweighted number of observations

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6. Percentage of schools in which the health education curriculum addresses each of the following skills.

	N	Percent
f. Using goal-setting skills to enhance health		
High Schools	68	99
Middle Schools	107	93
Junior/Senior High Schools	1	100
All schools	176	95
g. Practicing health-enhancing behaviors to avoid or reduce risks		
High Schools	68	99
Middle Schools	107	98
Junior/Senior High Schools	1	100
All schools	176	98
h. Advocating for personal, family, and community health		
High Schools	68	97
Middle Schools	106	86
Junior/Senior High Schools	1	100
All schools	175	91

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7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.

	N	Percent
a. Alcohol- or other drug-use prevention		
High Schools	68	100
Middle Schools	115	91
Junior/Senior High Schools	1	100
All schools	184	95
b. Asthma awareness		
High Schools	68	35
Middle Schools	114	39
Junior/Senior High Schools	1	0
All schools	183	38
c. Emotional and mental health		
High Schools	68	99
Middle Schools	115	87
Junior/Senior High Schools	1	100
All schools	184	92
d. Foodborne illness prevention		
High Schools	68	80
Middle Schools	115	80
Junior/Senior High Schools	1	100
All schools	184	80
e. HIV (human immunodeficiency virus) prevention		
High Schools	68	100
Middle Schools	116	82
Junior/Senior High Schools	1	100
All schools	185	89
f. Human sexuality		
High Schools	68	98
Middle Schools	116	77
Junior/Senior High Schools	1	100
All schools	185	85
g. Injury prevention and safety		
High Schools	68	84
Middle Schools	115	86
Junior/Senior High Schools	1	100
All schools	184	85

NA=Not available

N=Unweighted number of observations

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7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.

	N	Percent
h. Nutrition and dietary behavior		
High Schools	66	100
Middle Schools	112	97
Junior/Senior High Schools	1	100
All schools	179	98
i. Physical activity and fitness		
High Schools	66	100
Middle Schools	113	99
Junior/Senior High Schools	1	100
All schools	180	99
j. Pregnancy prevention		
High Schools	68	98
Middle Schools	114	69
Junior/Senior High Schools	1	100
All schools	183	81
k. STD (sexually transmitted disease) prevention		
High Schools	68	98
Middle Schools	113	79
Junior/Senior High Schools	1	100
All schools	182	87
l. Suicide prevention		
High Schools	68	88
Middle Schools	114	60
Junior/Senior High Schools	1	100
All schools	183	71
m. Tobacco-use prevention		
High Schools	68	99
Middle Schools	112	93
Junior/Senior High Schools	1	100
All schools	181	95
n. Violence prevention		
High Schools	68	80
Middle Schools	115	91
Junior/Senior High Schools	1	100
All schools	184	87

NA=Not available

N=Unweighted number of observations

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

	N	Percent
a. Identifying tobacco products and the harmful substances they contain		
High Schools	66	95
Middle Schools	111	86
Junior/Senior High Schools	1	100
All schools	178	90
b. Identifying short and long-term health consequences of tobacco use		
High Schools	66	99
Middle Schools	111	90
Junior/Senior High Schools	1	100
All schools	178	93
c. Identifying legal, social, economic, and cosmetic consequences of tobacco use		
High Schools	66	85
Middle Schools	111	82
Junior/Senior High Schools	1	100
All schools	178	83
d. Understanding the addictive nature of nicotine		
High Schools	66	95
Middle Schools	111	88
Junior/Senior High Schools	1	100
All schools	178	91
e. Effects of tobacco use on athletic performance		
High Schools	66	85
Middle Schools	111	80
Junior/Senior High Schools	1	100
All schools	178	82
f. Effects of second-hand smoke and benefits of a smoke-free environment		
High Schools	66	97
Middle Schools	111	85
Junior/Senior High Schools	1	100
All schools	178	90

*Responses to question 8 a through o all are "yes."

NA=Not available

N=Unweighted number of observations

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

	N	Percent
g. Understanding the social influences on tobacco use, including media, family, peers, and culture		
High Schools	65	95
Middle Schools	111	85
Junior/Senior High Schools	1	100
All schools	177	89
h. Identifying reasons why students do and do not use tobacco		
High Schools	66	95
Middle Schools	111	85
Junior/Senior High Schools	1	100
All schools	178	89
i. Making accurate assessments of how many peers use tobacco		
High Schools	66	65
Middle Schools	111	63
Junior/Senior High Schools	1	100
All schools	178	64
j. Using interpersonal communication skills to avoid tobacco use		
High Schools	66	82
Middle Schools	111	85
Junior/Senior High Schools	1	100
All schools	178	84
k. Using goal-setting and decision-making skills related to not using tobacco		
High Schools	66	77
Middle Schools	112	74
Junior/Senior High Schools	1	100
All schools	179	75
l. Finding valid information and services related to tobacco-use prevention and cessation		
High Schools	66	77
Middle Schools	111	62
Junior/Senior High Schools	1	100
All schools	178	68

*Responses to question 8 a through o all are "yes."

NA=Not available

N=Unweighted number of observations

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

	N	Percent
m. Supporting others who abstain from or want to quit using tobacco		
High Schools	66	75
Middle Schools	113	67
Junior/Senior High Schools	1	100
All schools	180	71
n. Supporting school and community action to support a tobacco-free environment		
High Schools	66	70
Middle Schools	112	66
Junior/Senior High Schools	1	100
All schools	179	68
o. Identifying harmful effects of tobacco use on fetal development		
High Schools	66	94
Middle Schools	111	68
Junior/Senior High Schools	1	100
All schools	178	78
All 15 tobacco-use prevention topics*		
High Schools	66	39
Middle Schools	113	39
Junior/Senior High Schools	1	100
All schools	180	40

*Responses to question 8 a through o all are "yes."

NA=Not available

N=Unweighted number of observations

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9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8.

	N	Percent
a. The differences between HIV and AIDS		
High Schools	NA	NA
Middle Schools	108	83
Junior/Senior High Schools	0	0
All schools	108	83
b. How HIV and other STDs are transmitted		
High Schools	NA	NA
Middle Schools	107	84
Junior/Senior High Schools	0	0
All schools	107	84
c. How HIV and other STDs are diagnosed and treated		
High Schools	NA	NA
Middle Schools	107	73
Junior/Senior High Schools	0	0
All schools	107	73
d. Health consequences of HIV, other STDs, and pregnancy		
High Schools	NA	NA
Middle Schools	108	79
Junior/Senior High Schools	0	0
All schools	108	79
e. The benefits of being sexually abstinent		
High Schools	NA	NA
Middle Schools	108	81
Junior/Senior High Schools	0	0
All schools	108	81
f. How to prevent HIV, other STDs, and pregnancy		
High Schools	NA	NA
Middle Schools	108	78
Junior/Senior High Schools	0	0
All schools	108	78

*Responses to question 9 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8.

	N	Percent
g. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy		
High Schools	NA	NA
Middle Schools	107	63
Junior/Senior High Schools	0	0
All schools	107	63
h. The influences of media, family, and social and cultural norms on sexual behavior		
High Schools	NA	NA
Middle Schools	108	68
Junior/Senior High Schools	0	0
All schools	108	68
i. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy		
High Schools	NA	NA
Middle Schools	107	67
Junior/Senior High Schools	0	0
All schools	107	67
j. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy		
High Schools	NA	NA
Middle Schools	108	67
Junior/Senior High Schools	0	0
All schools	108	67
k. Compassion for persons living with HIV or AIDS		
High Schools	NA	NA
Middle Schools	106	58
Junior/Senior High Schools	0	0
All schools	106	58

*Responses to question 9 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8.

	N	Percent
All 11 HIV, STD, and pregnancy prevention topics*		
High Schools	NA	NA
Middle Schools	104	39
Junior/Senior High Schools	0	0
All schools	104	39

*Responses to question 9 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12.

	N	Percent
a. The relationship among HIV, other STDs, and pregnancy		
High Schools	64	100
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	65	100
b. The relationship between alcohol and other drug use and risk for HIV, other STDs, and pregnancy		
High Schools	65	98
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	66	98
c. The benefits of being sexually abstinent		
High Schools	65	98
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	66	98
d. How to prevent HIV, other STDs, and pregnancy		
High Schools	65	100
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	66	100
e. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy		
High Schools	65	97
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	66	97

*Responses to question 10 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12.

	N	Percent
f. The influences of media, family, and social and cultural norms on sexual behavior		
High Schools	65	95
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	66	95
g. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy		
High Schools	65	95
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	66	95
h. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy		
High Schools	64	94
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	65	94
i. Efficacy of condoms, that is, how well condoms work and do not work		
High Schools	65	97
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	66	97
j. The importance of using condoms consistently and correctly		
High Schools	65	97
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	66	97
k. How to obtain condoms		
High Schools	65	88
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	66	88

*Responses to question 10 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12.

	N	Percent
All 11 HIV, STD, and pregnancy prevention topics*		
High Schools	64	83
Middle Schools	NA	NA
Junior/Senior High Schools	1	100
All schools	65	83

*Responses to question 10 a through k all are "yes."

NA=Not available

N=Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

	N	Percent
a. Benefits of healthy eating		
High Schools	65	98
Middle Schools	111	94
Junior/Senior High Schools	1	100
All schools	177	96
b. Food guidance using MyPyramid		
High Schools	66	94
Middle Schools	113	90
Junior/Senior High Schools	1	100
All schools	180	92
c. Using food labels		
High Schools	66	94
Middle Schools	113	88
Junior/Senior High Schools	1	100
All schools	180	91
d. Balancing food intake and physical activity		
High Schools	65	97
Middle Schools	111	94
Junior/Senior High Schools	1	100
All schools	177	95
e. Eating more fruits, vegetables, and whole grain products		
High Schools	65	98
Middle Schools	111	94
Junior/Senior High Schools	1	100
All schools	177	96
f. Choosing foods that are low in fat, saturated fat, and cholesterol		
High Schools	65	97
Middle Schools	113	91
Junior/Senior High Schools	1	100
All schools	179	93

*Responses to question 11 a through n all are "yes."

NA=Not available

N=Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

	N	Percent
g. Using sugars in moderation		
High Schools	66	94
Middle Schools	113	91
Junior/Senior High Schools	1	100
All schools	180	92
h. Using salt and sodium in moderation		
High Schools	65	91
Middle Schools	112	88
Junior/Senior High Schools	1	100
All schools	178	89
i. Eating more calcium-rich foods		
High Schools	65	94
Middle Schools	113	87
Junior/Senior High Schools	1	100
All schools	179	90
j. Food safety		
High Schools	66	71
Middle Schools	113	80
Junior/Senior High Schools	1	100
All schools	180	77
k. Preparing healthy meals and snacks		
High Schools	65	82
Middle Schools	113	88
Junior/Senior High Schools	1	100
All schools	179	86
l. Risks of unhealthy weight control practices		
High Schools	65	97
Middle Schools	111	84
Junior/Senior High Schools	1	100
All schools	177	89
m. Accepting body size differences		
High Schools	65	92
Middle Schools	113	87
Junior/Senior High Schools	1	100
All schools	179	89

*Responses to question 11 a through n all are "yes."

NA=Not available

N=Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

	N	Percent
n. Signs, symptoms, and treatment for eating disorders		
High Schools	65	95
Middle Schools	113	77
Junior/Senior High Schools	1	100
All schools	179	84
All 14 nutrition and dietary behavior topics*		
High Schools	66	67
Middle Schools	114	62
Junior/Senior High Schools	1	100
All schools	181	64

*Responses to question 11 a through n all are "yes."

NA=Not available

N=Unweighted number of observations

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12. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course for students in any of grades 6 through 12.

	N	Percent
a. Physical, psychological, or social benefits of physical activity		
High Schools	66	100
Middle Schools	111	96
Junior/Senior High Schools	1	100
All schools	178	98
b. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)		
High Schools	67	97
Middle Schools	112	93
Junior/Senior High Schools	1	100
All schools	180	94
c. Phases of a workout (i.e., warm-up, workout, and cool down)		
High Schools	67	94
Middle Schools	112	86
Junior/Senior High Schools	1	100
All schools	180	89
d. How much physical activity is enough (i.e., determining frequency, intensity, time, and type of physical activity)		
High Schools	67	92
Middle Schools	112	89
Junior/Senior High Schools	1	100
All schools	180	91
e. Developing an individualized physical activity plan		
High Schools	68	81
Middle Schools	112	73
Junior/Senior High Schools	1	100
All schools	181	76

*Responses to question 12 a through l all are "yes."

NA=Not available

N=Unweighted number of observations

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12. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course for students in any of grades 6 through 12.

	N	Percent
f. Monitoring progress toward reaching goals in an individualized physical activity plan		
High Schools	68	74
Middle Schools	111	69
Junior/Senior High Schools	1	100
All schools	180	71
g. Overcoming barriers to physical activity		
High Schools	68	87
Middle Schools	112	79
Junior/Senior High Schools	1	100
All schools	181	82
h. Decreasing sedentary activities such as television viewing		
High Schools	68	90
Middle Schools	112	88
Junior/Senior High Schools	1	100
All schools	181	88
i. Opportunities for physical activity in the community		
High Schools	67	79
Middle Schools	112	81
Junior/Senior High Schools	1	100
All schools	180	81
j. Preventing injury during physical activity		
High Schools	67	88
Middle Schools	112	82
Junior/Senior High Schools	1	100
All schools	180	85
k. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)		
High Schools	68	79
Middle Schools	112	75
Junior/Senior High Schools	1	100
All schools	181	77

*Responses to question 12 a through l all are "yes."

NA=Not available

N=Unweighted number of observations

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12. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course for students in any of grades 6 through 12.

	N	Percent
I. Dangers of using performance-enhancing drugs, such as steroids		
High Schools	67	92
Middle Schools	111	75
Junior/Senior High Schools	1	100
All schools	179	82
All 12 physical activity topics*		
High Schools	68	57
Middle Schools	112	47
Junior/Senior High Schools	1	100
All schools	181	52

*Responses to question 12 a through I all are "yes."

NA=Not available

N=Unweighted number of observations

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13. Percentage of schools that provide any HIV, STD, or pregnancy prevention programs for ethnic/racial minority youth at high risk, including after-school or supplemental programs, that did each of the following activities.

	N	Percent
a. Provided curricula or supplementary materials that include pictures, information, and learning experiences that reflect the life experiences of these youth in their communities		
High Schools	67	24
Middle Schools	114	9
Junior/Senior High Schools	1	0
All schools	182	15
b. Provided curricula or supplementary materials in the primary languages of the youth and families		
High Schools	66	17
Middle Schools	114	5
Junior/Senior High Schools	1	0
All schools	181	10
c. Facilitated access to direct health services or arrangements with providers not on school property who have experience in serving these youth in the community		
High Schools	67	21
Middle Schools	114	5
Junior/Senior High Schools	1	0
All schools	182	11
d. Facilitated access to direct social services and psychological services or arrangements with providers not on school property who have experience in serving these youth in the community		
High Schools	67	19
Middle Schools	114	5
Junior/Senior High Schools	1	0
All schools	182	11

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14. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.

	N	Percent
a. Physical education staff		
High Schools	68	69
Middle Schools	113	76
Junior/Senior High Schools	1	100
All schools	182	74
b. School health services staff (e.g., nurses)		
High Schools	68	80
Middle Schools	115	75
Junior/Senior High Schools	1	0
All schools	184	76
c. School mental health or social services staff (e.g., psychologists, counselors, and social workers)		
High Schools	67	70
Middle Schools	115	66
Junior/Senior High Schools	1	0
All schools	183	67
d. Nutrition or food service staff		
High Schools	68	37
Middle Schools	113	49
Junior/Senior High Schools	1	0
All schools	182	44

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15. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	N	Percent
a. HIV prevention, STD prevention, or teen pregnancy prevention		
High Schools	68	32
Middle Schools	114	21
Junior/Senior High Schools	1	0
All schools	183	25
b. Tobacco-use prevention		
High Schools	68	29
Middle Schools	114	39
Junior/Senior High Schools	1	0
All schools	183	35
c. Physical activity		
High Schools	67	34
Middle Schools	114	61
Junior/Senior High Schools	1	0
All schools	182	51
d. Nutrition and healthy eating		
High Schools	68	34
Middle Schools	115	54
Junior/Senior High Schools	1	0
All schools	184	46
e. Asthma		
High Schools	68	7
Middle Schools	114	18
Junior/Senior High Schools	1	0
All schools	183	13

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16. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
a. Alcohol- or other drug-use prevention		
High Schools	68	73
Middle Schools	115	58
Junior/Senior High Schools	1	0
All schools	184	64
b. Asthma awareness		
High Schools	68	12
Middle Schools	115	16
Junior/Senior High Schools	1	0
All schools	184	14
c. Emotional and mental health		
High Schools	68	56
Middle Schools	115	50
Junior/Senior High Schools	1	0
All schools	184	52
d. Foodborne illness prevention		
High Schools	68	19
Middle Schools	115	24
Junior/Senior High Schools	1	0
All schools	184	22
e. HIV (human immunodeficiency virus) prevention		
High Schools	67	68
Middle Schools	114	48
Junior/Senior High Schools	1	0
All schools	182	56
f. Human sexuality		
High Schools	68	70
Middle Schools	116	52
Junior/Senior High Schools	1	0
All schools	185	59
g. Injury prevention and safety		
High Schools	68	46
Middle Schools	116	45
Junior/Senior High Schools	1	0
All schools	185	45

NA=Not available

N=Unweighted number of observations

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16. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
h. Nutrition and dietary behavior		
High Schools	67	60
Middle Schools	116	64
Junior/Senior High Schools	1	0
All schools	184	62
i. Physical activity and fitness		
High Schools	68	62
Middle Schools	115	67
Junior/Senior High Schools	1	0
All schools	184	64
j. Pregnancy prevention		
High Schools	68	56
Middle Schools	116	39
Junior/Senior High Schools	1	0
All schools	185	45
k. STD (sexually transmitted disease) prevention		
High Schools	68	65
Middle Schools	115	43
Junior/Senior High Schools	1	0
All schools	184	51
l. Suicide prevention		
High Schools	68	40
Middle Schools	116	24
Junior/Senior High Schools	1	0
All schools	185	30
m. Tobacco-use prevention		
High Schools	68	37
Middle Schools	116	36
Junior/Senior High Schools	1	0
All schools	185	36

NA=Not available

N=Unweighted number of observations

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16. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
n. Violence prevention		
High Schools	68	44
Middle Schools	116	54
Junior/Senior High Schools	1	0
All schools	185	50

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17. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
a. Describing how widespread HIV and other STD infections are and the consequences of these infections		
High Schools	68	61
Middle Schools	114	47
Junior/Senior High Schools	1	0
All schools	183	52
b. Understanding the modes of transmission and effective prevention strategies for HIV and other STDs		
High Schools	68	61
Middle Schools	114	47
Junior/Senior High Schools	1	0
All schools	183	52
c. Identifying populations of youth who are at high risk of being infected with HIV and other STDs		
High Schools	68	51
Middle Schools	114	34
Junior/Senior High Schools	1	0
All schools	183	40
d. Implementing health education strategies using prevention messages that are likely to be effective in reaching youth		
High Schools	67	52
Middle Schools	114	45
Junior/Senior High Schools	1	0
All schools	182	47
e. Teaching HIV prevention education to students with physical, medical, or cognitive disabilities		
High Schools	68	23
Middle Schools	114	15
Junior/Senior High Schools	1	0
All schools	183	18

NA=Not available

N=Unweighted number of observations

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17. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
f. Teaching HIV prevention education to students of various cultural backgrounds		
High Schools	68	18
Middle Schools	113	11
Junior/Senior High Schools	1	0
All schools	182	13
g. Using interactive teaching methods, such as role plays or cooperative group activities, for HIV prevention education		
High Schools	68	54
Middle Schools	114	36
Junior/Senior High Schools	1	0
All schools	183	43
h. Teaching essential skills for health behavior change related to HIV prevention and guiding student practice of these skills		
High Schools	68	48
Middle Schools	114	36
Junior/Senior High Schools	1	0
All schools	183	41
i. Teaching about health-promoting social norms and beliefs related to HIV prevention		
High Schools	68	35
Middle Schools	113	28
Junior/Senior High Schools	1	0
All schools	182	31
j. Strategies for involving parents, families, and others in student learning of HIV prevention education		
High Schools	68	16
Middle Schools	115	11
Junior/Senior High Schools	1	0
All schools	184	13

NA=Not available

N=Unweighted number of observations

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17. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
k. Assessing students' performance in HIV prevention education		
High Schools	68	31
Middle Schools	113	25
Junior/Senior High Schools	1	0
All schools	182	27
l. Implementing standards-based HIV prevention education curriculum and student assessment		
High Schools	68	40
Middle Schools	114	32
Junior/Senior High Schools	1	0
All schools	183	35
m. Using technology to improve HIV prevention education instruction		
High Schools	68	25
Middle Schools	114	14
Junior/Senior High Schools	1	0
All schools	183	18
n. Teaching HIV prevention education to students with limited English proficiency		
High Schools	68	13
Middle Schools	114	4
Junior/Senior High Schools	1	0
All schools	183	8
o. Addressing community concerns and challenges related to HIV prevention education		
High Schools	68	15
Middle Schools	114	10
Junior/Senior High Schools	1	0
All schools	183	12

NA=Not available

N=Unweighted number of observations

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18. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following health education topics.

	N	Percent
a. Alcohol- or other drug-use prevention		
High Schools	68	72
Middle Schools	113	78
Junior/Senior High Schools	1	0
All schools	182	75
b. Asthma awareness		
High Schools	68	40
Middle Schools	115	51
Junior/Senior High Schools	1	0
All schools	184	46
c. Emotional and mental health		
High Schools	68	79
Middle Schools	114	78
Junior/Senior High Schools	1	0
All schools	183	78
d. Foodborne illness prevention		
High Schools	67	42
Middle Schools	113	52
Junior/Senior High Schools	1	0
All schools	181	48
e. HIV (human immunodeficiency virus) prevention		
High Schools	68	63
Middle Schools	114	63
Junior/Senior High Schools	1	0
All schools	183	63
f. Human sexuality		
High Schools	68	66
Middle Schools	114	72
Junior/Senior High Schools	1	0
All schools	183	69
g. Injury prevention and safety		
High Schools	68	50
Middle Schools	113	69
Junior/Senior High Schools	1	0
All schools	182	61

NA=Not available

N=Unweighted number of observations

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18. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following health education topics.

	N	Percent
h. Nutrition and dietary behavior		
High Schools	68	75
Middle Schools	114	75
Junior/Senior High Schools	1	0
All schools	183	75
i. Physical activity and fitness		
High Schools	68	51
Middle Schools	113	65
Junior/Senior High Schools	1	0
All schools	182	59
j. Pregnancy prevention		
High Schools	68	57
Middle Schools	114	55
Junior/Senior High Schools	1	0
All schools	183	56
k. STD (sexually transmitted disease) prevention		
High Schools	68	66
Middle Schools	114	67
Junior/Senior High Schools	1	0
All schools	183	66
l. Suicide prevention		
High Schools	68	69
Middle Schools	114	72
Junior/Senior High Schools	1	0
All schools	183	70
m. Tobacco-use prevention		
High Schools	68	60
Middle Schools	114	61
Junior/Senior High Schools	1	0
All schools	183	61
n. Violence prevention		
High Schools	68	69
Middle Schools	114	75
Junior/Senior High Schools	1	0
All schools	183	72

NA=Not available

N=Unweighted number of observations

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19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
a. Teaching students with physical, medical, or cognitive disabilities		
High Schools	68	41
Middle Schools	115	52
Junior/Senior High Schools	1	0
All schools	184	48
b. Teaching students of various cultural backgrounds		
High Schools	68	12
Middle Schools	116	13
Junior/Senior High Schools	1	0
All schools	185	12
c. Teaching students with limited English proficiency		
High Schools	68	7
Middle Schools	115	6
Junior/Senior High Schools	1	0
All schools	184	7
d. Using interactive teaching methods, such as role plays or cooperative group activities		
High Schools	68	52
Middle Schools	116	60
Junior/Senior High Schools	1	0
All schools	185	56
e. Encouraging family or community involvement		
High Schools	68	18
Middle Schools	116	30
Junior/Senior High Schools	1	0
All schools	185	25
f. Teaching skills for behavior change		
High Schools	68	46
Middle Schools	116	50
Junior/Senior High Schools	1	0
All schools	185	48

NA=Not available

N=Unweighted number of observations

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19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	N	Percent
g. Classroom management techniques, such as social skills training, environmental modification, conflict resolution and mediation, and behavior management		
High Schools	68	47
Middle Schools	116	58
Junior/Senior High Schools	1	0
All schools	185	53
h. Assessing or evaluating students in health education		
High Schools	68	63
Middle Schools	116	51
Junior/Senior High Schools	1	0
All schools	185	55

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20. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	N	Percent
a. Teaching students with physical, medical, or cognitive disabilities		
High Schools	66	54
Middle Schools	115	68
Junior/Senior High Schools	1	100
All schools	182	63
b. Teaching students of various cultural backgrounds		
High Schools	67	40
Middle Schools	115	49
Junior/Senior High Schools	1	0
All schools	183	45
c. Teaching students with limited English proficiency		
High Schools	67	45
Middle Schools	114	40
Junior/Senior High Schools	1	0
All schools	182	42
d. Using interactive teaching methods, such as role plays or cooperative group activities		
High Schools	67	63
Middle Schools	114	74
Junior/Senior High Schools	1	0
All schools	182	69
e. Encouraging family or community involvement		
High Schools	67	73
Middle Schools	114	75
Junior/Senior High Schools	1	0
All schools	182	74
f. Teaching skills for behavior change		
High Schools	67	69
Middle Schools	114	80
Junior/Senior High Schools	1	100
All schools	182	76

NA=Not available

N=Unweighted number of observations

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20. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	N	Percent
g. Classroom management techniques, such as social skills training, environmental modification, conflict resolution and mediation, and behavior management		
High Schools	67	57
Middle Schools	116	70
Junior/Senior High Schools	1	0
All schools	184	65
h. Assessing or evaluating students in health education		
High Schools	67	64
Middle Schools	116	73
Junior/Senior High Schools	1	0
All schools	184	69

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21. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	N	Percent
a. Health and physical education combined		
High Schools	64	30
Middle Schools	108	25
Junior/Senior High Schools	1	0
All schools	173	27
b. Health education		
High Schools	64	27
Middle Schools	108	18
Junior/Senior High Schools	1	0
All schools	173	21
c. Physical education		
High Schools	64	16
Middle Schools	108	14
Junior/Senior High Schools	1	0
All schools	173	14
d. Other education degree		
High Schools	64	3
Middle Schools	108	4
Junior/Senior High Schools	1	0
All schools	173	3
e. Kinesiology, exercise science, or exercise physiology		
High Schools	64	0
Middle Schools	108	1
Junior/Senior High Schools	1	0
All schools	173	1
f. Home economics or family and consumer science		
High Schools	64	11
Middle Schools	108	12
Junior/Senior High Schools	1	0
All schools	173	12

NA=Not available

N=Unweighted number of observations

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21. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	N	Percent
g. Biology or other science		
High Schools	64	3
Middle Schools	108	2
Junior/Senior High Schools	1	100
All schools	173	3
h. Nursing		
High Schools	64	6
Middle Schools	108	15
Junior/Senior High Schools	1	0
All schools	173	11
i. Counseling		
High Schools	64	0
Middle Schools	108	6
Junior/Senior High Schools	1	0
All schools	173	3
j. Public health		
High Schools	64	2
Middle Schools	108	1
Junior/Senior High Schools	1	0
All schools	173	1
k. Nutrition		
High Schools	64	0
Middle Schools	108	1
Junior/Senior High Schools	1	0
All schools	173	1
l. Other		
High Schools	64	3
Middle Schools	108	2
Junior/Senior High Schools	1	0
All schools	173	2

NA=Not available

N=Unweighted number of observations

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21N. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:*

	N	Percent
Health education or health and physical education combined (a or b)		
High Schools	64	56
Middle Schools	108	44
Junior/Senior High Schools	1	0
All schools	173	48
Physical education, kinesiology, exercise science or exercise physiology (c or e)		
High Schools	64	16
Middle Schools	108	15
Junior/Senior High Schools	1	0
All schools	173	15
Home economics or family and consumer science, biology or other science, or nutrition (f, g, or k)		
High Schools	64	14
Middle Schools	108	15
Junior/Senior High Schools	1	100
All schools	173	15
Nursing or counseling (h or i)		
High Schools	64	6
Middle Schools	108	20
Junior/Senior High Schools	1	0
All schools	173	15
Public health or other (j or l)		
High Schools	64	5
Middle Schools	108	3
Junior/Senior High Schools	1	0
All schools	173	3

*Multiple responses to question 21 are combined.

NA=Not available

N=Unweighted number of observations

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22. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

	N	Percent
High Schools	67	76
Middle Schools	116	56
Junior/Senior High Schools	1	0
All schools	184	63

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23. Percentage of schools in which the lead health education teacher had the following number of years' experience in teaching health education classes or topics.

	N	Percent
a. 1 year		
High Schools	65	2
Middle Schools	113	10
Junior/Senior High Schools	1	0
All schools	179	7
b. 2 to 5 years		
High Schools	65	16
Middle Schools	113	23
Junior/Senior High Schools	1	0
All schools	179	20
c. 6 to 9 years		
High Schools	65	25
Middle Schools	113	19
Junior/Senior High Schools	1	0
All schools	179	21
d. 10 to 14 years		
High Schools	65	20
Middle Schools	113	18
Junior/Senior High Schools	1	100
All schools	179	19
e. 15 years or more		
High Schools	65	38
Middle Schools	113	30
Junior/Senior High Schools	1	0
All schools	179	33